

PROFESSIONAL ENRICHMENT PROGRAM FOR SPIRITUAL DIRECTORS

**November 11, 2020, 10 AM - 3 PM
Presenter: Jim Bowler, SJ**



THE ANNOTATIONS AS A WAY TO DEEPEN A SPIRITUAL DIRECTOR'S EMPATHIC LISTENING SKILLS, Session 1

In his Spiritual Exercises (#1-22), St. Ignatius of Loyola includes twenty two Introductory Observations or Annotations as a help to both the director and directee. This workshop will explore several of these as foundational listening guidelines for the ministry of spiritual direction. In addition, current listening skill theories will be introduced to enhance one's ability to utilize Ignatius' guidelines in one's practice.

BEYOND IGNATIAN CONTEMPLATION, Session 2

Many who have enjoyed Ignatian contemplation begin to experience this dynamic as less fruitful and more arduous in their prayer. This workshop will explore this reality through the lenses of James Fowler's faith development theory as well as that of John of the Cross' dark night of the soul. Centering Prayer will be explored as a method to navigate this process.

COORDINATING STAFF: Maureen Casey, SND, Joan M. McCarthy, CSJ

Jim M. Bowler, S.J. is currently stationed at Campion Center in Weston, MA. For over thirty years he has been involved in the ministries of spiritual direction, training thereof, directed retreats and workshops promoting Ignatian spirituality. He enjoys extensive experience with the analytical psychology of Carl Jung and the faith development theory of James Fowler which he incorporates into his ministry of Ignatian spirituality. He has served on the staffs of Campion Renewal Center, The Guelph Center for Spirituality and founded the Murphy Center for Ignatian Spirituality at Fairfield University.

Purpose of the Program

This opportunity will provide time for input, sharing, prayer and socializing for all who are involved in individual direction of people in the context of spiritual direction and/or directed retreats.

Treat yourself to a day of professional development and personal enrichment in the (virtual?) company of ministerial peers.

Place: 631 Cambridge Street, Brighton, MA 02135 (Cost: \$65) or

Via Zoom . . . Depending on Covid-19, etc. (Cost: \$50)

When you are accepted, a non-refundable deposit of \$20 will be requested.

To Register

Please request applications from spiritual.ministries@csjboston.org
Or, if you're viewing this online, complete the accompanying application and click on Submit.