

PROGRAM SCHEDULE 2025-2026

Orientation: 10:30 A.M. - 2:00 P.M.
September 2, 2025

Classes\Peer Supervision
9:15 A.M.- 4:00 P.M.

September, 2025: 9, 16, 23, 30
October 14, 21
November 4, 11, 18, 25
December 2, 9
January, 2026: 6, 13, 20, 27
February 3, 10, 24
March 3, 10, 17, 24, 31

Directed Prayer Weekends
September 4-7, 2025, Ipswich, MA
January 8-11, 2026, Ipswich, MA

**Day on Boundaries and Ethics in
Spiritual Direction:** 10 A.M. - 3 P.M.
Tuesday, October 7, 2025
Maureen Casey, SND, Joan McCarthy, CSJ

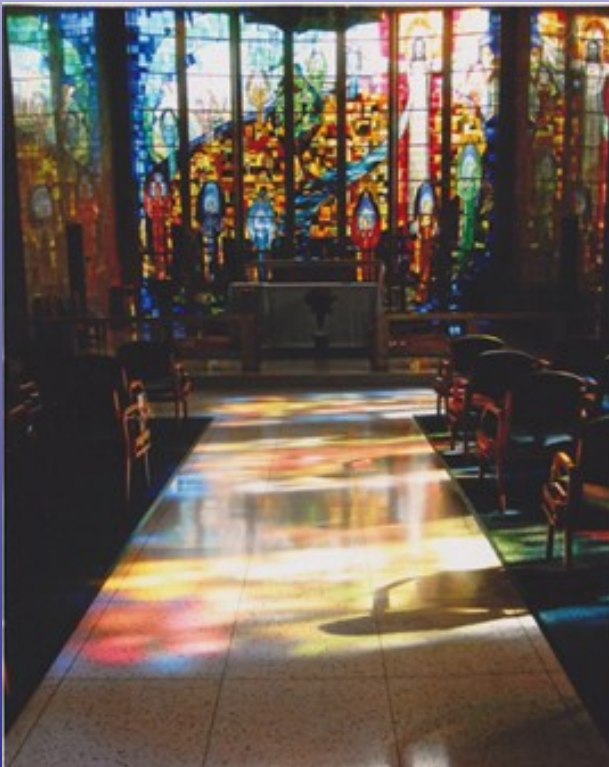
Integration Days: 10 A.M. - 4 P.M.
Oct. 28, 2025, Feb. 17, 2026

Mid-Evaluation: 10 A.M. - 12:30 P.M.
December 16, 2025

Closing Session: 10 A.M. - 1:30 P.M.
April 7, 2026

Sites

**2 Long, Directed Prayer Weekends
will be held at
Notre Dame Spirituality Center,
Ipswich, MA**



Sisters of Notre Dame Chapel, Ipswich,

All Tuesday sessions will be via Zoom

Spiritual Direction Internship Initiative 2025-2026

Contact

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Visit our Website:
<http://www.spiritualdirectionii.org>

PURPOSE OF PROGRAM

The Internship in Spiritual Direction aims to provide opportunities for the following:

- ♦ Personal growth and development as ministers
- ♦ An understanding of the theological and psychological bases for spiritual direction
- ♦ Improved communication skills within the context of the helping relationship
- ♦ Supervised ministry as spiritual directors
- ♦ Discernment of one's call as a spiritual director

SPIRITUAL DIRECTION

Spiritual Direction, as we define it, is a pastoral ministry in which one Christian assists another to pay attention to God's personal communication with him or her, to respond personally to God, and to live out the consequences of this relationship.

CRITERIA FOR ADMISSION

We welcome as applicants women and men of all faiths, whose experience includes:

- ♦ On-going personal prayer
- ♦ A minimum of 8 days of directed retreat
- ♦ Two years of regular (monthly), one-on-one spiritual direction
- ♦ A felt call to spiritual companionship
- ♦ A letter of intent
- ♦ A completed application form
- ♦ Three letters of recommendation
- ♦ A personal interview with program staff
- ♦ Background in theology
- ♦ Some experience of pastoral ministry
- ♦ Evidence of personal maturity

PROGRAM CONTENT

The Internship Program follows the guidelines of Spiritual Directors International by including the elements of:
Theological Foundations
Psychological Foundations
Integration with Justice
Discernment, Practicum and Supervision

SPIRITUAL DIRECTION PRACTICUM

Case Studies in Spiritual Direction
Skilled Dialogue
Individual and Peer Supervision
Real Plays and Role Plays
Experience in Ministering as a Director
Theological Reflection

INPUT TOPICS

Prayer, Spirituality
Contemplative Listening
Discernment, Supervision
Religious Experience
Spiritual Exercises of St. Ignatius
Issues in Spiritual Direction
Cosmology, 12-Step Spirituality
Images of God, Mystics, Dreams

READINGS AND REFLECTIVE PAPERS

ONGOING PERSONAL SPIRITUAL DIRECTION

COORDINATING STAFF

Maureen Casey, S.N.D.
Joan M. McCarthy, C.S.J.

SUPPORT STAFF

Other men and women, including Nancy Kehoe, RSCJ, who are qualified and experienced in spiritual direction, supervision, and psychological counseling.

APPLICATION DEADLINE

Applications will be accepted up to August 31, 2025 depending on availability of space.

The **minimum number** of participants is **5** and the **maximum number** is **12**.

Individual interviews will begin in **May, 2025**

Application materials must be in place prior to interviews. Begin application now!

TUITION AND FEES

The cost of the internship is **\$5700**
This includes: 24 days of input and peer supervision from 9:15 A.M. - 4:00 P.M.
14 sessions of Individual Supervision
2 Integration Days, 1 Mid-term Session
1 Orientation Session/1 Closing Session
2 Directed Prayer Weekends
1 Day Program

This cost does **not** include the **\$100**, non-refundable application/interview fee.

Following acceptance a **\$300** non-refundable, non-transferable deposit secures your place. The remaining tuition is due in September.

The cost for your personal spiritual direction is not included in the above program costs.

CERTIFICATE

Those who fulfill the requirements of the course will earn a Certificate of Completion of an Internship in Spiritual Direction.

Our God waits to be gracious to you!

(Isaiah 30:18)