

## PROGRAM SCHEDULE 2026-2027

**Orientation:** 10:30 A.M. - 2:00 P.M.  
September 8, 2026

**Classes\Peer Supervision**  
9:15 A.M.- 4:00 P.M.

September, **2026:** 15, 22, 29  
October 6, 20, 27  
November 10, 17, 24  
December 1, 8, 15  
January, **2027:** 5, 12, 19, 26  
February 2, 9, 23  
March 2, 9, 16, 23, 30

**Directed Prayer Weekends**  
September 10-13, 2026, Ipswich, MA  
January 7-10, 2027, Ipswich, MA

**Day on Boundaries and Ethics in  
Spiritual Direction:** 10 A.M. - 3 P.M.  
Tuesday, October 13, 2026  
Maureen Casey, SND, Joan McCarthy, CSJ

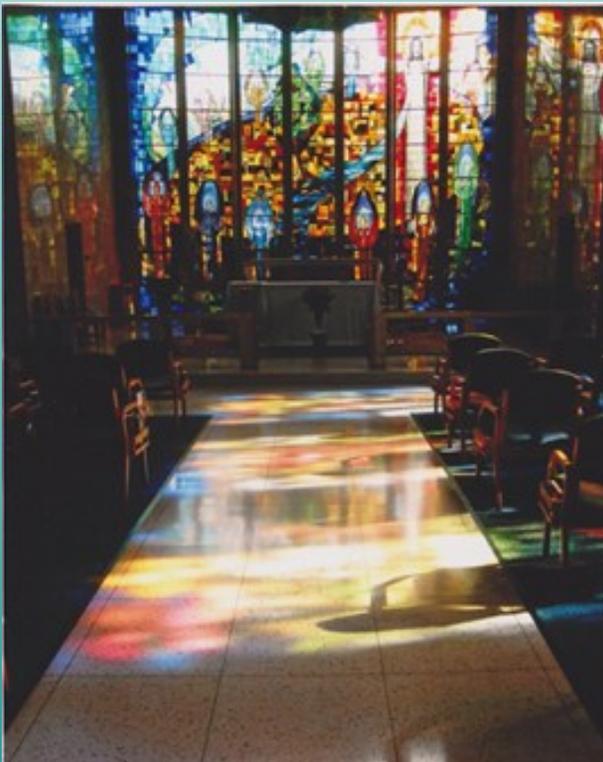
**Integration Days:** 10 A.M. - 4 P.M.  
Nov 3, 2026, Feb. 16, 2027

**Mid-Evaluation:** 10 A.M. - 12:30 P.M.  
December 22, 2026

**Closing Session:** 10 A.M. - 1:30 P.M.  
April 6, 2027

## Sites

**2 Long, Directed Prayer Weekends  
will be held at  
Notre Dame Spirituality Center,  
Ipswich, MA**



Sisters of Notre Dame Chapel, Ipswich,

**All Tuesday sessions will be via Zoom**

# Spiritual Direction Internship Initiative 2026-2027

## Contact

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**Phone:** 617-680-6815

Visit our Website:  
<http://www.spiritualdirectionii.org>

## PURPOSE OF PROGRAM

The Internship in Spiritual Direction aims to provide opportunities for the following:

- ♦ Personal growth and development as ministers
- ♦ An understanding of the theological and psychological bases for spiritual direction
- ♦ Improved communication skills within the context of the helping relationship
- ♦ Supervised ministry as spiritual directors
- ♦ Discernment of one's call as a spiritual director

## SPIRITUAL DIRECTION

Spiritual Direction, as we define it, is a pastoral ministry in which one Christian assists another to pay attention to God's personal communication with him or her, to respond personally to God, and to live out the consequences of this relationship.

## CRITERIA FOR ADMISSION

We welcome as applicants women and men of all faiths and cultures, whose experience includes:

- ♦ The equivalent of at least two eight-day Directed Retreats
- ♦ On-going personal prayer
- ♦ Two years of regular (monthly), one-on-one spiritual direction
- ♦ A felt call to spiritual companionship
- ♦ A letter of intent
- ♦ A completed application form
- ♦ Three letters of recommendation
- ♦ A personal interview with program staff
- ♦ Background in theology

## PROGRAM CONTENT

The Internship Program follows the guidelines of Spiritual Directors International by including the elements of:  
Theological Foundations  
Psychological Foundations  
Integration with Justice  
Discernment, Practicum and Supervision

### SPIRITUAL DIRECTION PRACTICUM

Case Studies in Spiritual Direction  
Skilled Dialogue  
Individual and Peer Supervision  
Real Plays and Role Plays  
Experience in Ministering as a Director  
Theological Reflection

### INPUT TOPICS

Religious Experience, Prayer, Spirituality, Contemplative Listening, Discernment, The Spiritual Exercises of St. Ignatius, Supervision, Issues in Spiritual Direction  
Cosmology, 12-Step Spirituality, Sexuality, Images of God, Mystics, Dreams, Trauma

### READINGS AND REFLECTIVE PAPERS

### ONGOING PERSONAL SPIRITUAL DIRECTION

## COORDINATING STAFF

Maureen Casey, S.N.D.  
Joan M. McCarthy, C.S.J.

### SUPPORT STAFF

Other men and women, including Nancy Kehoe, RSCJ, who are qualified and experienced in spiritual direction, supervision, and psychological counseling.

## APPLICATION DEADLINE

**Applications will be accepted up to August 31, 2026 depending on availability of space.**

The **minimum number** of participants is **5** and the **maximum number** is **12**.

Individual interviews will begin in **May, 2026**

Application materials must be in place prior to interviews. Begin application now!

## TUITION AND FEES

The cost of the internship is **\$5800**  
This includes: 24 days of input and peer supervision from 9:15 A.M. - 4:00 P.M.  
14 sessions of Individual Supervision  
2 Integration Days, 1 Mid-term Session  
1 Orientation Session/1 Closing Session  
2 Directed Prayer Weekends  
1 Day Program

This cost does **not** include the **\$100**, non-refundable application/interview fee.

Following acceptance a **\$300** non-refundable, non-transferable deposit secures your place. The remaining tuition is due in September.

The cost for your personal spiritual direction is not included in the above program costs.

## CERTIFICATE

Those who fulfill the requirements of the course will earn a Certificate of Completion of an Internship in Spiritual Direction.

*Our God waits to be gracious to you!*

(Isaias 30:18)