

A REFRESHER IN SPIRITUAL DIRECTION WINTER, 2026

PROGRAM TOPICS

February 5, 2026 (M)

Transference and Countertransference in Spiritual Direction

February 19 2026 (J)

Trauma: Its Presence, Effects, Responses within Spiritual Direction
New cases will be included.

March 5, 2026 (M)

Discernment: Rules for the Second Week of the Spiritual Exercises

March 19, 2026 (J)

Sexuality in Prayer and Spiritual Direction

There are so many new cases to ponder & a repetition would be helpful!

All sessions will include input, case studies, Q&A, reflection, sharing

FOR WHOM

Spiritual Directors
Retreat Directors
Prayer Guides of the
Spiritual Exercises

CRITERIA FOR ADMISSION

Training and Experience
as a Spiritual Director

PURPOSE OF PROGRAM

The series will refresh us regarding
our focus in spiritual direction,

DAYS/TIMES:

Thursdays, 10 AM – 12:30 PM

PLACE: Online via Zoom

COST: Total Series, 4 Sessions:
\$150 or \$40/individual session

COORDINATING STAFF

Maureen Casey, SND
Joan M. McCarthy, CSJ

FOR AN APPLICATION FORM

Email: ii@csjboston.org or
call: 781-227-4730 or apply online
<https://www.spiritualdirectionii.org>