

**A VIRTUAL RE-VISITING
OF THE
SPIRITUAL EXERCISES
OF
ST. IGNATIUS OF LOYOLA**

FALL, 2023

This could be your first, second, or third prolonged reflection on the *Spiritual Exercises*

WHY COME ON THIS JOURNEY?

Dust off your memories of making the *SE*
Awaken your consciousness of graces past, present and future
Intensify your personal experience of the *SE*
Expand your knowledge of the *SE*
Refine your art and skill as a director of the *SE*
Cultivate your creativity in praying or directing the *SE*
Choose to prayerfully engage in the *SE* during this journey
Deepen your wisdom regarding the dynamics of the *SE*

MODES OF PRESENTATION

Powerpoint, YouTubes, Art, Poetry, Scripture, Prayer, Readings,
Cases, Verbatims, Q&A, Access & Visits to Resource Rooms
replete with supplemental materials

VARIED TRANSLATIONS OF THE *SE*

Traditional, Contemporary, Cosmic, Feminine

SPIRITUAL EXERCISES RE-VISITED Fall, 2023

PURPOSE OF PROGRAM

The series will explore the dynamics, content and grace of each week of the Spiritual Exercises. Our gathering and interacting will deepen our experiential understanding of the Exercises as they unfold in everyday life and prayer.

FOR WHOM

**Spiritual Directors/Retreat Directors/
Prayer Guides of the Spiritual Exercises**
Experienced directors eager
to ponder the Spiritual Exercises

People who have *experienced* the Exercises
and would like to reflect on their experience as
well as *learn about* the Exercises.

CRITERIA FOR ADMISSION

Experience directing retreats
Experience making the Exercises
Experience in giving spiritual direction

TIME, DATES, PLACE, COST

Days/Times: Thursdays, 10 AM – 2 PM
(1/2 hour for lunch + 2 short breaks)

Dates: 2023: 9/28, 10/12, 10/26, 11/9,
11/16, 11/30, 12/14

Place: Online via Zoom

Cost: Total Series, 7 Sessions: \$350 or
Special: Register before 9/1/23: \$325 (\$1.35/hr)

COORDINATING STAFF

Maureen Casey, SND, Joan M. McCarthy, CSJ

PROGRAM TOPICS

September 28, 2023 (J)

Reflection on My Experience As A Retreatant;
Overview of the Spiritual Exercises; Disposition
Days: Dynamics, Movements, Themes, Graces,
Colloquy, Review of Prayer, Repetition

October 12, 2023 (M)

Ignatius' Spiritual Exercises and the Word of God,
Annotations, the Principle and Foundation

October 26, 2023 (J)

Week I: A Forgiven Sinner: Awed in Gratitude
Week I, The Additions, Forms of Prayer

November 9, 2023 (M)

Readied for Wise Learning, The Call of the King,
A School of Discipleship,

November 16, 2023 (J)

Week II: A School of Discipleship
Ignatian Contemplation
The Two Standards, The Three Classes,
The Three Degrees of Humility, Triple Colloquy

November 30, 2023 (J)

Week III: Grace, Dynamic, Movements,
The Burial of Jesus and Its Aftermath,
The Additions for Week III

December 14, 2023 (M)

Week 4: To Experience the Risen Christ,
Grace of 4th Week, The *Contemplatio*

FOR AN APPLICATION FORM

Email: ii@csjboston.org or
call: 781-227-4730 or apply online
<https://www.spiritualdirectionii.org>

REFERENCE FOR SUGGESTED READING

The themes for our sessions are largely based
on chapter titles in [Stretched for Greater Glory](#)
by George Aschenbrenner, SJ. Many additional
resources will be used and suggested.