

# A REFRESHER IN SPIRITUAL DIRECTION SPRING, 2024

## FOR WHOM

Spiritual Directors/Retreat Directors/  
Prayer Guides of the Spiritual Exercises

## CRITERIA FOR ADMISSION

Training and Experience  
as a Spiritual Director

## PURPOSE OF PROGRAM

The series will refresh us regarding our focus in spiritual direction, address several topics of interest or challenge, contrast the dynamics of spiritual direction, directed retreats and the Spiritual Exercises

**DAYS/TIMES:** Thursdays, 10 AM – 12:30 PM

**PLACE:** Online via Zoom

**COST:** Total Series, 4 Sessions: \$125 or  
\$35/individual session

## PROGRAM TOPICS

March 7, 2024 (J)

### What Is Your Focus and Deemed Essential By You In Spiritual Direction?

Let's look again at the significant role of Religious Experience, the detrimental effects of JAI (Judgements, Assumptions, Interpretations), the foundational importance of prayer, evidences of deepening consciousness of what helps and hinders both directee and director.

March 21, 2024 (M)

### The Experience of Transference and Counter Transference In Spiritual Direction:

Invitations to reflect on the ways God touches us through our directees and how we respond to these invitations of grace.

April 4, 2024 (J)

### Sexuality in Prayer and Spiritual Direction

What are you hearing about sexuality in directee, prayer and experiencing within yourself? Let us contemplate our own experiences, the prayer of mystics and contemporary issues.

April 18, 2024 (M)

### Spiritual Direction, Directed Retreats, Spiritual Exercises, Supervision:

Pondering and Owning Similarities and Differences in Dynamics, Challenges, Responsibilities

*All sessions will include input, case studies, verbatims, Q&A, reflection, sharing*

## COORDINATING STAFF

Maureen Casey, SND, Joan M. McCarthy, CSJ

## FOR AN APPLICATION FORM

Email: [ii@csjboston.org](mailto:ii@csjboston.org) or  
call: 781-227-4730