

DIRECTED RETREAT TRAINING SERIES

FALL, 2026

PROGRAM TOPICS

Wednesday, September 16, 2026 (J)

Initial Meeting: Getting to Know Retreatant's Relationship with God

Wednesday, September 23, 2026 (M)

Helps for Director and Retreatant: Annotations, Additions

Wednesday, September 30, 2026 (J)

Manifold Forms of Prayer & Centrality of Religious Experience

Wednesday, October 7 2026 (M)

The Art of Discernment: Listening to the Heartbeat of God

Wednesday, October 14, 2026 (J)

Significant Issues Director/Retreatant May Encounter: Resistance, Trauma

Thursday, October 21, 2026 (M)

A Contemplative Approach to Supervision

Thursday, October 28, 2026 (J)

Listen Deeply & Beware of Assumptions, Interpretations & Judgements

Thursday, November 4, 2026 (M)

Gathering the Graces; Transitioning, Enfleshing, Deepening the Graces

PRE-REQUISITES

- ◆ Personal Spiritual Direction
- ◆ Training in Spiritual Direction
 - ◆ Directing at least 4 people
- ◆ Receiving Individual &/or Group Supervision
 - ◆ Having made the Spiritual Exercises would be very helpful

DAYS/TIMES

Wednesdays & Thursdays, 4 PM-5:30 PM

PLACE: Online via Zoom

COST: Total Series, 8 Sessions: \$200 or
\$30/individual session

COORDINATING STAFF

Maureen Casey, SND
Joan M. McCarthy, CSJ

FOR AN APPLICATION FORM

Call: 781-227-4730 or
Email: ii@CSJBoston.org